



Harmony Children's Centre

Autumn/Winter 2013 Weekly Timetable



Please call the centre to book your place on activities and sessions

	Activity	Time	Cost	Details
Monday	Child Health Clinic	9—11am	Free	Health Visitor led clinic for 0—5 yrs (drop-in).
	Discovery Play	10—11am	£1 per family	Sensory play session for 0 –18 month olds. Babies welcome for tummy-time. Please book.
	Ante-Natal Appointments	1—4pm	Free	With midwife. By appointment only.
	Mini Movers (starts 9th Sept) at St Paul's Church Hall	1.30 - 2.15pm	£1 per active child	Fun active play for children walking - 5 years. Please book.
Tuesday	Boogie Babies	9.30—10.15am	£1 per active child	Baby music group for babies from birth - crawling. Please book.
Wednesday	Story Sack Course	1—3pm	Free	Story sack course for parents. Please phone for details.
	2 Year Health Reviews (<i>Monthly</i>)	9.30—11.30am	Free	Invitations sent out by Health Visiting Team. By appointment only.
Thursday	Centre open as usual for enquiries	-	-	Drop in between 9am - 5pm for information and/or support.
Friday	Stay & Play	9.30—11am	£1 per family	Parent & baby/toddler group (0—5yrs). Please book.
	Baby & You (Post-natal Group)	2.30—4pm	Free	7-week programme for first time parents of babies 6 weeks -6 months (13th Sept - 25th Oct) <i>Next course begins Nov 2013.</i> Please phone Harmony for details & to book your place.

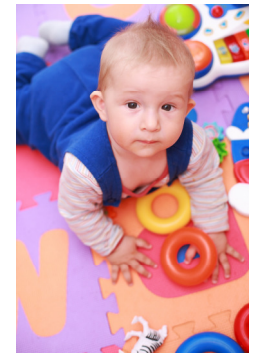


Harmony Children's Centre
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Tel: 01892 521284
 Email: harmonyinfo@kent.gov.uk
www.kenttrustweb.org.uk/chc/chc_harmony_home.cfm





Parent and Toddler Times in Rusthall



Please see below for details of local activities for families with children aged 0-5 years (all carers are welcome - mums, dads, grandparents and childminders):

Monday **9.00 - 11.30am Toddler group** at St. Paul's Church Centre. Run by Annie (07903776113). This group continues throughout the holidays, except Bank Holidays (£1 a family).

Tuesday **10.30 - 11.00am Bounce and Rhyme** in the Library. Weekly during term-time. Sing nursery rhymes with your baby/toddler, followed by cakes and chat. For details contact the Library (521667) (Free).

2 - 3.30pm Twinkly Stars at the Rusthall United Reformed Church. Weekly play group for children 0 - 5 years. Toys and arts & crafts, followed by stories and singing. Refreshments available. 75p per session, no need to book. For details please contact Margaret on 01732 364399.

Wednesday **9.30am - 10.15pm Rhythm Express** at St. Paul's Church Centre. Music group for children aged 1 -3 years. £5.00 per session, one free taster class per family. For details and booking contact Rowena Howey (860235) or visit www.rhythmexpress.org.

1.30 - 3.00pm Little Comets Toddler Group at St. Paul's School (junior site). Every week during term time, except inset days. Play followed by singing. For details contact St Paul's School (520582) (50p per session).

Friday **2 - 2.45pm Baby Ballet** at Rusthall United Reformed Church. 2.5 - 4 yrs. For details and booking contact Alice Burren (864 517) or visit www.justdanceuk.co.uk.

2.15 - 3pm Story Time and Craft in the Library. For children from 2-4 yrs. Every week during term-time. For details contact the Library (521667) (Free).

